

Canada Golden at Rescue 2016

Approximately 50 Ontario athletes competed at the World Lifesaving Championships in The Netherlands in September. Our Masters athletes brought home a slew of medals as well as 23 new Canadian records, including a World Record by Doug Bishop. The Canadian National Team set two new Canadian records and brought home three medals; bronze for Dan Grbac in Beach Sprint, bronze for Dennis Cook in Beach Flags and gold for the youth team in the Simulated Emergency Response Championships. At the interclub championships, Kai Dingman set three new Canadian Youth records at the pool. Congratulations to all athletes on their outstanding accomplishments. [Visit our website for more information on Lifesaving Sport in Ontario.](#)

Ontario AGM

The 108th Ontario Annual General Meeting of the Lifesaving Society will be held Friday April 21, 2017 at the Holiday Inn – Toronto International Airport Hotel – 970 Dixon Road, Toronto, Ontario in the Trillium Ballroom. Members and friends of the Society including instructors, examiners and affiliate representatives are cordially invited to attend.



SERC Gold Medal – National Youth Team athletes, from left: McLean Reid (Ontario), Aidan Donald, Levi Peek and Danielle Chang

New Bronze Awards Video

Designed specifically for instructors teaching Bronze Star, Bronze Medallion and Bronze Cross and featuring real kids – like the ones you teach – in seven important segments: The Rescue Process, Ladder Approach, Rescuer's Checklist, Submerged Victim Recovery, Defenses and Releases, Spinal Rollovers, Surface Dives. Combined running time 43 minutes.

Watch Bronze level candidates bring the *Canadian Lifesaving Manual* to life in demonstrations of tows, carries, removal techniques and victim simulations including distressed and drowning victim characteristics. See rescue skills performed in both pool and waterfront environments. [Watch the trailer.](#)

New Bronze Cross Workbook

The *Bronze Cross Workbook* guides and focuses candidate learning throughout the Bronze Cross course. The 48-page workbook is packed with questions, learning activities, and “tips for success” that reinforce key principles and concepts and drive candidates into the *Canadian Lifesaving Manual* for answers.

The workbook is structured around the 15 Bronze Cross test items and provides candidates with the “Must Sees” used to determine their success. Knowing exactly what they need to do to pass Bronze Cross engages candidates in their own evaluation and provides a powerful tool for monitoring self-improvement.

Visit lifeguarddepot.com to get yours.

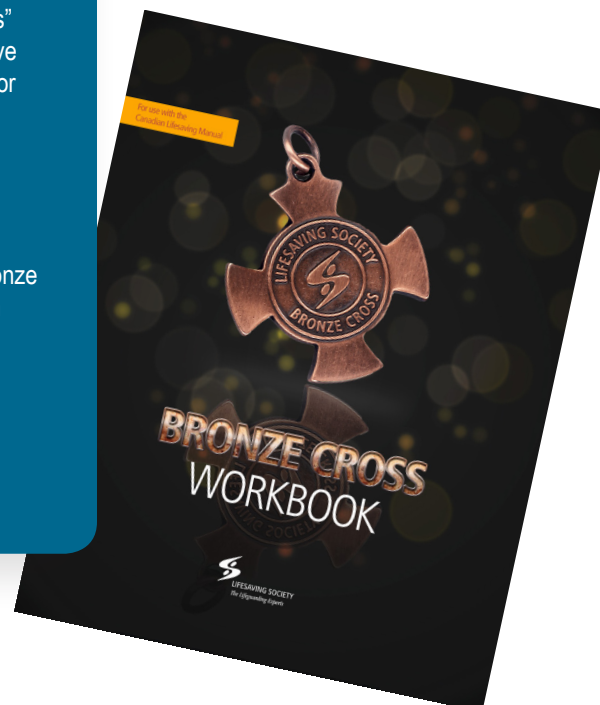
Support the Lifesaving Society by donating your Aeroplan Miles

We are happy to partner with the Aeroplan member donation program! With a couple of clicks, you can [donate your Aeroplan Miles online](#) to support the Lifesaving Society. Simple and seamless, your donation expands our reach. It's easy to contribute!

If you have questions regarding this program contact our [Fundraising Department](#).



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Admissions standards work

In Ontario, admission standards for public pools are recommended by the Lifesaving Society and public health authorities as a means of preventing recreational water injuries by improving direct supervision of young children.

The Lifesaving Society and Ryerson University partnered in 2016 to complete a study to explore the implementation of admission standards in Class A public pools (public pool operators have not been comprehensively evaluated previously).

A quantitative study was designed using an online survey as a data-collection tool. Over 250 affiliates provided feedback with this survey. The results revealed that 100% of pools studied have admission standards integrated in their operations, with two thirds (68%) using a wide variety of child/parent ratios that exceed the minimum Lifesaving Society recommendations, and over 50% using different combinations of at least nine other components.

The challenges and successes encountered by pool operators seem to be manageable, resulting in an overall positive impact for more than 87% of cases.

While admission standards are not currently legislated, there appears to be strong support for a legislated approach to admission standards from 78% of pools. In terms of comparative statistics, an association was found to be statistically significant between the level of admission standards and pool location: pools located in large- and medium-size population areas are more likely to exceed the Ministry of Health and Long-Term Care recommendations.

The Lifesaving Society continues to support the legislative need for a provincial admission standard and works on your behalf to support this initiative with the Ministry.

First Aid updates to Society Literature

The Lifesaving Society is updating its literature as a result of the resuscitation and first aid changes released in October 2015. [Here's What's New for Lifesaving Society Instructors, Lifeguards and Affiliates](#). You can also read the [Summary of Changes](#). There is no mandatory Lifesaving Society update clinic and the revised protocols can be integrated easily into routine staff training.

[View or download the Society's PowerPoint presentation](#) designed to introduce the revised guidelines to instructors and lifeguards.

Register Online

Registering as a member lets us tailor services specifically to you. We'll tell you what vocational awards are about to expire, let you update your contact info and recertify. [Go to our home page](#) and click LOGIN on the right to get started. You'll need your Member ID and Web Access Code. If you need assistance call us at 416.490.8844 and we'll help guide you.

MBNA® Affinity MasterCard®

Looking for a convenient way to support the Society's drowning prevention mission? Apply for the Lifesaving Society MBNA® Affinity MasterCard®. Every time you make a purchase with your no-annual-fee card, a financial contribution is made to the Lifesaving Society on your behalf. To find out more or to sign up, [visit our MBNA® Affinity MasterCard webpage](#).

New Uniform Video

Our new line of lifeguard uniforms gives guards a professional and distinctive image – a look that stands out in a crowd. Uniforms are durable, lightweight, offer UV protection and superior comfort, all in the internationally recognized colours of yellow and red. [Watch the video or order online.](#)



Avoid card forgery

Don't rely on certification cards. Access the only fraud-proof, verifiable, and up-to-the-minute confirmation of certifications online in [Find a Member on our website](#) or directly at findamember.ca. Our Find a Member reports satisfy the hard-copy proof requirement for the Ministry of Health.

Family Swim to Survive

Last summer the Lifesaving Society piloted a new program – Family Swim to Survive. Seventeen affiliates from across the province offered the program to families, especially those new to Canada, as a simple and fun way to experience Swim to Survive training. Families learned how to “Roll, Tread & Swim.” Registration was easy and the cost to families was low (and in most cases free). The Lifesaving Society offers the program free of charge, so if you're interested in providing it to your community, posters and buck slips are available to help you promote it. [For more information visit our website](#) or contact [Sindy Parsons](#).

Water Smart Award

Don't forget to send in your submission for the 2016 Water Smart Award! The deadline of January 13, 2017 is fast approaching! [Click here for more info.](#)



WORLD CONFERENCE ON DROWNING PREVENTION 2017 VANCOUVER OCTOBER 17-19

Share Globally, Prevent Locally

BULLETINBOARD

2017 Literature Prices

Effective January 1 through December 31, 2017

Canadian Lifesaving Manual	\$40.50
Canadian Lifesaving Manual with Bronze Medallion Workbook	\$42.60
Alert: Lifeguarding in Action	\$40.50
Coaching Lifesaving	\$25.95
Canadian First Aid Manual	\$12.60
Canadian CPR-HCP Manual	\$10.70
Any single Award Guide	\$17.95
Swim Instructor Pac	\$45.50
Lifesaving Instructor Pac	\$54.80
Combined Pac (Swim & Lifesaving Instructor)	\$76.65
National Lifeguard Instructor Pac	\$68.00
Guide to Ontario Public Pools Regulation	\$40.80
Guide to Ontario Public Spas Regulation	\$40.80

Anaphylaxis Rescuer	\$1.20
CPR-A, B and C	\$1.20
Basic First Aid	\$1.20
Airway Management	\$9.65
Automated External Defibrillation	\$9.65
Emergency First Aid (with CPR B)	\$9.65
Standard First Aid (with CPR-C) or recert	\$18.80
CPR – HCP	\$15.00

Wading Pool Attendant	\$9.65
Bronze Cross or recert	\$19.00
National Lifeguard or recert	\$31.25
Lifesaving Sport Official	\$15.00
Instructor, Instructor Trainer, Coach	\$27.40
Leadership Recert	\$27.40
Each additional leadership recert at the same time	\$7.45 to a maximum of \$50
Aquatic Supervisor	\$28.40

2017 Exam Fees

Effective January 1 through December 31, 2017

Canadian Swim Patrol – kits for class of 10	\$14.20
Safeguard	\$9.65
Lifesaving Fitness	\$5.70
Bronze Star	\$9.65
Bronze Medallion	\$15.60
Distinction Award	\$15.60

The complete list of 2017 fees and literature prices is posted [on our website in Find a Form.](#)



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